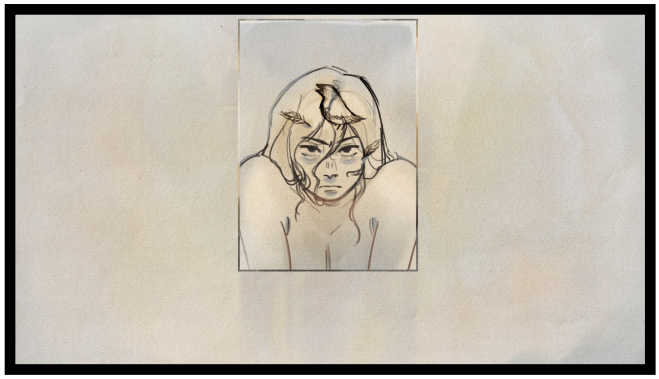
THE BIRD FROM WITHIN



Portugal, 2024, ANI, DCP, Colour, 5'56"
Stereo, 16:9

Director: Laura Anahory
Producer: Laura Anahory, Universidade Católica Portuguesa · Escola das Artes
Script: Laura Anahory, Ana Anahory, Guilherme Mateus
Editing: Laura Anahory
Sound: Vasco Almeida
Sound: Lucía Beaumont
Music: Vasco Almeida
Animation: Laura Anahory
Animation Technique: Animation 2D
Original Language: No dialogue
Subtitles: No dialogue
Synopsis: The film follows a woman and the bird which lives inside of her, and how their inability to co-live together leads to physical wounds to her body.

| film data |

Laura Anahory

Laura Anahory, a finalist in the Master's program in Sound and Image, started from Graphic Design at the Escola Artística Soares dos Reis, completing a Bachelor's degree in Communication Design at the Escola Superior de Artes e Design. With a particular focus on character design and illustration, she completed a Postgraduate degree in Illustration and Animation at the same institution, which sparked her interest in 2D animation. Since then, she has produced two animated short films—House on the Hilltop (2023) and O Pássaro de Dentro (2024)—as well as a promotional trailer for Cinanima in 2024.

Filmography:

2024 THE BIRD FROM WITHIN
Portugal, 2024, ANI, DCP, Colour, 5'56"

2024 **HOUSE ON THE HILLTOP**
04'

Festival Selections

2026 Porto Femme - Femme Sessions / Femmes nas Escolas, Portugal
2026 Bang Awards - International Animation Film Festival, Portugal
2026 Internationales Trickfilm Festival of Animated Film Stuttgart, Germany
2026 Porto Femme - Festival Internacional de Cinema, Portugal
2026 Cineclube de Pombal - Abril, Portugal
2026 Animalusa Mostra de Cinema de Animação Português, Spain
2025 BogoShorts - Festival de Cortos de Bogotá, Colombia
2025 Animateka International Animated Film Festival, Slovenia
2025 Auteur Film Festival, Serbia and Montenegro
2025 Caminhos do Cinema Português, Portugal
2025 Cinanima - International Animated Film Festival of Espinho, Portugal
2025 La Femme Independent Film Festival, France
2025 International Student Film and Video Festival, China
2025 Sevilla European Film Festival, Spain
2025 Wiesbaden International Animation Festival, Germany
2025 Tijuana International Film Festival, Mexico
2025 Entre Olhares - Festival de Cinema Português, Portugal
2025 Minsk International Film Festival “Listapad”, Belarus
2025 Bucheon International Animation Festival, Korea
2025 Animagoria - Mostra de Filmes de Animação, Portugal
2025 CINE TEJO - International Short Film Festival, Portugal
2025 imaginaria International Animation Film Festival, Italy
2025 Curtas Vila do Conde International Film Festival, Portugal
2025 Anima IADE, Portugal
2025 La Cinéf, Cannes, France
2025 Monstra Lisboa Animated Film Festival, Portugal
2024 Casa da Animação - Prémio Nacional da Animação, Portugal

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