

## SEJA COMO FOR (ANYHOW, ANYWAY)



Portugal, 2020, ANI, , Colour, 12'23"

Dolby Digital, Stereo, 16:9

Director: Catarina Romano

Producer: Jonas César, [AIM CREATIVE STUDIOS](#)

Script: Cátia Salgueiro, Serena Cacchioli

Editing: Catarina Romano

Sound: André Aires, Catarina Romano

Music: André Aires, Mariana Root

Animation: Nayden Nikolov, Chiara Mazzini

Graphic Concept: Adriana Castro, Catarina Romano, Daniela Carvalho

Colour: Marco Amaral

Animation 3D Animation

Technique:

Original Language: Portuguese

Subtitles: French, English, Portuguese

Synopsis: A woman is confined to her home. She is unemployed, as if exiled from the opportunities of her time. She goes through cycles of precarity, ever faster, ever closer, encapsulating her like the ripple of a stone in a waterhole. Waves come to meet her, repeating themselves, besieging her. Days weighing heavily on the tired body, the dwelling of all struggles. Liberating memory: reaching into time, the future is possible. She dances. With every step, a note, at every turn, a new rhythm. She is unfolding, repossessing her being-in-the world. She will dress her body like a glove.

[| film data |](#)



## Catarina Romano

Has Studied traditional and volumes animation cinema in the Imaging and Technical Narratives center of Calouste Gulbenkian Foundation, under the guidance of Zepe and Nuno Beato. Has participated in Gulbenkian's Creativity and Artistic Creation Program in the 3D animation Filmmaking Course directed by the Supinfocom school - and was subsequently selected to continue her studies in Valenciennes, where she participated in a short film in 3D. Professionally, she worked as an animator on several independent animation short-films and animation series. Has directed two short films, The House or the machine to live in and Anyway, Anyway, both supported by the ICA, the Portuguese Cinema and Audiovisual Institute. Currently directs her third short film.

### Filmography:

- 2020 [SEJA COMO FOR](#)  
Portugal, 2020, ANI, , Colour, 12'23"
- 2016 [A CASA OU MÁQUINA DE HABITAR](#)  
Portugal, 2016, ANI, DOC, HD, Colour, 12'20"

## Festival Selections

- 2024 Cineclube de Faro - Agosto, Portugal
- 2023 Portuguese Cinema Days in Berlin, Germany
- 2023 Cinanima - Exposição "100 Anos de Cinema Português de Animação, Portugal
- 2023 Cineclube de Faro - Agosto, Portugal

2022 Cinanima - "Nova Geração", Portugal  
2022 Regensburger Kurzfilmwoche - Art Night, Germany  
2022 MANIFEST - Mafra Animation Film Festival, Portugal  
2022 Supertoons - International Animation Festival, Croatia  
2022 Trolleywood Animation Festival - REX Animation Program, Sweden  
2022 Tricky Women - International Animation Festival, Austria  
2021 AnimaPIX, Portugal  
2021 Shortcutz Guimarães - Novembro, Portugal  
2021 Cinanima - International Animated Film Festival of Espinho, Portugal  
2021 Caminhos do Cinema Português, Portugal  
2021 Gijón International Film Festival, Spain  
2021 REX Animation Film Festival, Sweden  
2021 Casa da Animação - Prémio Nacional da Animação, Portugal  
2021 Porto Femme - Festival Internacional de Cinema, Portugal  
2021 Vancouver International Film Festival, Canada  
2021 ShortCutz Ovar - Setembro, Portugal  
2021 Countryside Animafest Cyprus, Cyprus  
2021 Motovun Film Festival, Croatia  
2021 Anibar Animation Festival, Kosovo  
2021 Monstra Lisboa Animated Film Festival, Portugal  
2021 Festival de Cinema Luso-brasileiro de Santa Maria da Feira, Portugal  
2021 YoungFilmSofia - Portuguese Panorama, Bulgaria  
2021 Clermont-Ferrand International Short Film Festival, France  
2020 Curtas Vila do Conde International Film Festival, Portugal